



# Recruit Review

Volume 2, Issue 6

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Accountability  
Integrity  
Respect  
Teamwork  
Professionalism

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## Just Another Training Day???



Recruit Henning takes a face-full of O.C. spray as he moves in for the attack on Recruit Reisner.

Recruit McCormick stays in good spirits as he begins his painful reaction to the O.C. spray.



Mr. Sacia's water and soap decontamination stations were popular hang-outs for the recruits after their encounters with Oleoresin Capsicum.

## O.C. Spray Day



Recruit Reisner and Recruit Meader debated over who would be on the cover of the Recruit Review. Looking good! You both win.



By Cherise McFarlane

"Just another training day" was the quote we heard to begin our experience. Tuesday started with classroom instruction regarding Oleoresin Capsicum basics. We were informed on the history and the mechanics of the spray before we were exposed to it. Once everyone was comfortable with the informative portion of the instruction, we were moved outside to experience it first hand.

We all did practice sprays on each other with inert spray before going through the real experience. Once we were sprayed with the real



Recruit Walters leaves his O.C. assailant to de-centralize another, and fire simunition rounds at a target.

chemical, we had to do three strong side angle knee strikes and decentralize a subject then move over to a Simunition weapon and fire two shots at a silhouette target.

When finished, a fellow recruit would guide the

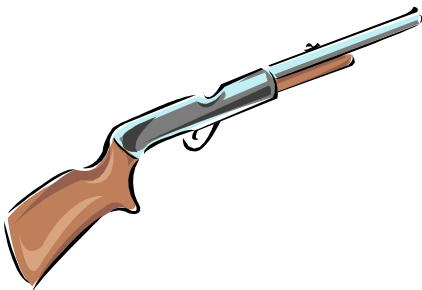
sprayed recruit over to the water area. We desperately needed the water for relief.

The OC spray affected each of us differently. We all experienced burning eyes and skin, but at different degrees. For the fortunate, the effects wore off after about 15 minutes. For others, it lasted for hours. We all learned a valuable lesson on how OC affects people and their reactions. People react on all different levels, yet we realized that we could still function after being sprayed. The experience was memorable, but not one that we will be volunteering for any time soon.

## The Introduction of the Shotgun

By: Shawn Powell

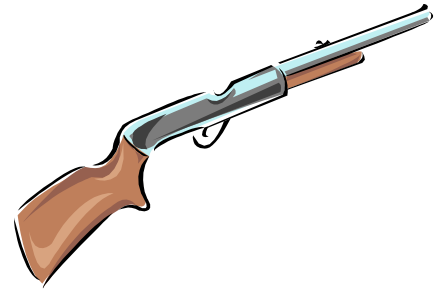
On Wednesday we received an eight hour block of instruction on the 870 Remington Police Magnum shotgun. The first four hours were conducted in the classroom where we were taught how to properly break down and clean the weapon and then reassemble it. We were shown a video on the use of shotguns by officers and under what circumstances should they use them. Just before we were to break for lunch, we received information on the proper way to combat load and unload the weapon. Along with loading came malfunctions, which were covered by instruction from the instructor.



Recruit Henning and Recruit Ondricka wait in the "high-ready" position during the qualification rounds.



The class in the high kneel position during qualifications.



We were able to put together all of our newly found skills in the second four hour block after lunch, which took place on the range. Here we were able to get a feel for the weapon by putting rounds down range. Each recruit went through and successfully qualified on the combat course. The day came to an end when we were able to engage in a little friendly competition while shooting at moving targets, in the form of clay pigeons. In the end the victor was recruit Ondricka. We will continue using the shotgun in further training and different scenarios as the academy progresses.

## DAAT and the Redman

By: David Walters

On Thursday, July 25, 2002 we had our final day of Defensive and Arrest Techniques (DAAT). We started the day out with the practical examination. We had to show the instructors that we knew how to apply all the holds and use everything else we have learned in the past few weeks. This went by beautifully because everyone passed on the first attempt.

After lunch, Sgt. Hefti put on the Redman suit and we had to put our knowledge to the test. The Redman outfit is a big padded suit that instructors use so that they are able to get hit without getting hurt. Everyone had to take a turn and go into a scenario. In our scenario, Sgt.



Recruit Ellestad goes face to face with the Redman.

Hefti acted as a violent drunk man at a bar where he had just assaulted another person. The "bar" was empty and we had to go in and arrest the suspect.

This was very interesting because we got to learn how our skills can be used under pressure and when you do

not have backup right behind you. There are going to be cases on the street where we have to control someone that is violent and we might not have backup. This gave us the chance to see how we handled the situation in terms of the type and amount of force we use. We also saw that it is a lot harder to use the techniques when the other person is fighting back. Most everyone had a rough time with this exercise, but we all learned a great deal. One of the most important things we got out of this was that we need to be more assertive and take control of the situation. We are the people that have to dictate what goes on and what the subject should do, not the other way around.

## ChalleNGe Academy

By: Vance Henning

This week the ChalleNGe Academy cadets started their first full week. Our recruit class had the opportunity to witness this week. Each squad took turns going to the ChalleNGe Academy in the mornings. At night, we also had the opportunity to observe and help at the academy. Being the first week, it was a chance for us to get an idea on how the

academy works and how we get to help.

The morning portion of the ChalleNGe Academy started with a 5:20 wake up. After ten minutes of waking up, the cadets were headed outside for some PT (Physical Training). This first week the cadets learned the right way to stretch and perform different exercises. We were there to help make sure the cadets were following instructions.

At night, the cadets performed a variety of different tasks. They did everything from rearranging their footlock-

ers, receiving and writing letters, and learning personal hygiene skills. This was a chance for us to interact with the cadets. It was a chance to get to know some of the kids and the different problems they face. This is also a chance for these at risk youths to see police officers on a more positive level. It's a great way for us to learn how to handle their problems and for them to see that police officers are really good people.

## Week In Review

By: Jeff Brann

The sixth week was a fast paced week and included the addition of the ChalleNGe Academy for an activity for each of the three squads on different nights.

On Monday we had a lecture on the Rules of Evidence where we learned what evidence was and what could be considered evidence. We will be returning to this subject to go into further detail in the near future. We also returned to the shooting range to do more scenario training with our

handguns.

On Tuesday we were exposed to Oleoresin Capsicum. The morning was all training in the classroom and the afternoon was dedicated to getting sprayed and understanding the effects of what was happening to yourself. Some had stronger reactions than others.

On Wednesday we had our introduction to the shotgun. Again, we spent the morning in the classroom learning about the weapon and how to take care of it, and then spent the afternoon at the range learning how to shoot the weapon properly.

Thursday was our day for doing the physical testing of the DAAT

program. We spent the morning demonstrating our proficiency of the moves and techniques. The afternoon was spent putting our training to the test as we went up against the Redman in a bar room scenario.

Next week will include activities such as the introduction to Community Oriented Policing on Sunday, Search and Seizure on Monday with Asst. Attorney General David Perlman, Interviewing and Interrogating Adult and Juvenile Suspects on Tuesday, F.A.T.S. training with Traffic Law on Wednesday, and Police Corps A&C Techniques on Thursday.

## Repelling Illustrated



First Sergeant Block instructs us on the basics of repelling.

We then follow with instruction on a 45 degree slope to become familiar with the ropes.



At the end, everyone was able to repel down from a 60 foot tower.